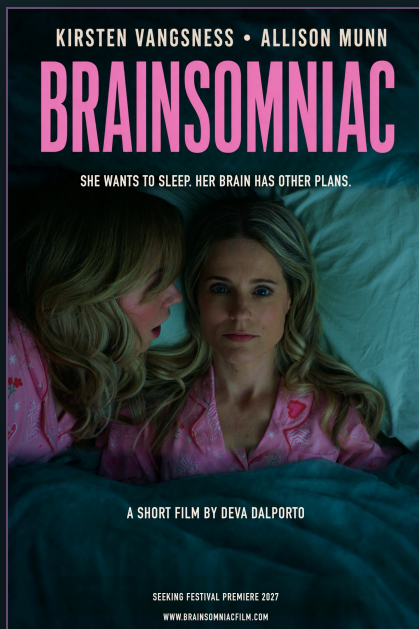


BRAINSOMNIAC

She wants to sleep. Her brain has other plans.



FORMAT Short Film · 18:44

GENRE Dark Comedy

STATUS Seeking Festival Premiere · 2027

FILMED January 2026 · Santa Barbara, CA

WEBSITE

www.brainsomniacfilm.com

PRESS · FESTIVAL

brainsomniacfilm@gmail.com

ABOUT THE FILM

Synopsis

In a darkly hilarious exploration of mental health, a perimenopausal hypochondriac insomniac attempts to sleep, but is forced into battle with MY BRAIN (personified by Kirsten Vangsness “Criminal Minds”) who keeps ME (Allison Munn “Nicky, Ricky, Dicky & Dawn” “One Tree Hill” “The Big Show Show”) up all night with a series of escalating, imaginary emergencies.

As the hours tick towards morning, fears of a kitchen-knife-wielding intruder, bladder cancer and early-onset Alzheimer’s crescendo with a phantom heart attack that sends ME running to the ER ... for the second time in a single day. The diagnosis? Anxiety. Will she ever escape her racing mind? ME is going to try.

CAST & CREATIVE TEAM

Kirsten Vangsness

“MY BRAIN” · *Criminal Minds*, *Wizards Beyond Waverly Place* · [@kirstenvangsness](https://twitter.com/kirstenvangsness)

Allison Munn

“ME” · *Nicky, Ricky, Dicky & Dawn*, *One Tree Hill*, *The Big Show Show* · [@allisonmunn](https://twitter.com/allisonmunn)

Deva Dalporto

Writer / Director · [@mylifesuckers](https://twitter.com/mylifesuckers)

Margo Zimmerman

Producer · Pixar: *Toy Story 4*, *Soul*, *Lightyear*, *Inside Out 2*

Noah Freeman Hecht

Cinematographer · Narrative, commercial & documentary

ABOUT THE FILMMAKER

Deva Dalporto is known for her funny viral videos about motherhood and her music parodies for which NBC dubbed her the “Weird AI of YouTube Moms.” Her videos have garnered a billion views and have been featured on *Good Morning America*, *The Today Show*, *People Magazine* and many more.

Deva was one of the first women to create humorous viral videos about motherhood, and her work sparked an entire category of “mom video” creators and influencers, shaping the new real, raw, irreverent mom content prevalent today. Prior to her viral video career, Deva was a Senior Editor for Nickelodeon’s parenting website. Her writing has also been published in several parenting anthologies.

BRAINSOMNIAC is her narrative filmmaking debut.

devadalporto.com